



One of the top oils used in treating depression and other related issues; calms and relieves anxiety, nervous tension, and stress; regulates extreme emotions like anger and fear, while promoting restful sleep. During times of sadness or grieving, it has been used as a natural yet potent antidepressant. Bergamot FCF keeps the mind young and alert because it is stimulating and uplifting, also alleviates the pain of shingles and chickenpox. Great for skin care; treats oily skin, acne, and psoriasis, relieves boils, acne, cold sores, herpes infections, urinary infections, cystitis and urethritis.