



Helps the body throw off accumulated toxins, leaving a purifying effect on the body; relieves edema, cellulitis, arthritis, rheumatism, gout, and other issues where accumulation of uric acid is causing pain and inflammation; kidney and liver detox, increases urine flow, decrease puffiness, swollen glands, redness, and water-logged skin, balances glandular problems, treats indigestion, hemorrhoids, lowers blood pressure, reduces tension, and promotes restful sleep.

Caution: Avoid during pregnancy. Has hormonal properties, it stimulates mother's milk and ministrations so it's good to use after birth.