



Treats digestive problems; indigestion, intestinal parasites, heartburn; cleanses the lymphatic system, stimulates and purifies the glands (it may stimulate red and white blood cell formation), it's a key oil to help treat infectious diseases, colds, throat infections, asthma, bronchitis, and flu; stimulates the brain. It clears thought and aids concentration. Treats circulatory issues including anemia, high blood pressure, nosebleeds (stops bleeding), poor circulation, and varicose veins, and it helps tighten blood vessels. #1 oil for treating gout, acne, nervous conditions, cellulitis and obesity.

Caution: Phototoxic; don't go out in sun immediately after application