



Used as a tissue and muscle toner; repair ligaments, regenerates and strengthens connective tissue and vascular walls by increasing circulation, relieves varicose veins; clears infections, bladder and kidney disorders; drains lymph nodes, relieves fluid retention and edema, slows excessive perspiration, and stimulates the digestive system to run properly, especially the liver; improves eyesight, balances nervous system, relieves stress

Caution: Do not use during pregnancy, but stimulates lactation in nursing mothers, best avoided on children younger than 2