



Antidepressant, clears stagnant thoughts and strengthens focus; boost your immune system, freshens air and clears germs; treats impaired digestion, normalizes intestinal function, relieves both constipation and chronic diarrhea; sedative effect on nervous system, is soothing and refreshing, calms anxieties, PMS, menopause symptoms, nervousness, cardiac spasm, palpitation, and false angina; relieves muscle spasms; overcome insomnia; treats bronchitis, flu, and other respiratory illnesses, relieves gingivitis and mouth ulcers.