



#1 essential oil for relaxing and calming the muscular system; treats muscle aches, stiffness, sprains and strains; aids the circulatory system; an arterial vasodilator- dilates blood vessels reducing strain on heart, treats hypertension, drains blood from bruises speeding healing; relieves arthritis, warms and loosens joints, allowing easier movement; aids the respiratory system, treats asthma, sinusitis, bronchitis, coughs, colic, colds and is an expectorant; aids the digestive system; relieves cramping associated with flatulence, constipation, and diarrhea, allows the intestines to work smoothly and properly; supports the whole nervous systems of the body, relieves headaches, migraines, relieves chronic fatigue syndrome.

Caution: Long-term use may permanently inhibit sex drive